

MEDICATION POLICY:

Vyvgart Hytrulo (efgartigimod alfa and hyaluronidase-qvfc)



Applicable Drugs: Vyvgart Hytrulo
(efgartigimod alfa and hyaluronidase-qvfc)

Preferred: N/A

Non-preferred: N/A

Date of Origin: 2/14/2025

Date Last Reviewed / Revised: 2/25/2026

PRIOR AUTHORIZATION CRITERIA

(May be considered medically necessary when criteria I through V are met)

- I. Documented diagnosis of one of the following conditions AND must meet ALL criteria listed:
 - a. Generalized Myasthenia Gravis (gMG)
 - i. MGFA clinical classification class II, III, or IV.
 - ii. Documentation of a serologic test confirming the presence of acetylcholine receptor antibodies (AChR-Ab+).
 - iii. Baseline Myasthenia Gravis-specific Activities of Daily Living scale (MG-ADL) total score of ≥ 5 . See Other Criteria for MG-ADL scale criteria.
 - iv. Patient has evidence of unresolved symptoms of gMG.
 1. Examples of unresolved symptoms include difficulty swallowing, difficulty breathing, or a functional disability resulting in the discontinuation of physical activity (e.g., double vision, talking, impairment of mobility).
 - v. Member has documented treatment failure, intolerance, or contraindication to **both** of the following (1 and 2):
 1. Corticosteroids (at least 3 months of treatment)
 2. Nonsteroidal immunosuppressive therapy (at least one agent for at least 3 months of treatment) (e.g. azathioprine, cyclosporine, methotrexate, mycophenolate, etc.)
 - b. Chronic inflammatory demyelinating polyneuropathy (CIDP)
 - i. Diagnosis is confirmed by electrodiagnostic test results (e.g., electromyography (EMG) or nerve conduction studies).
 - ii. Patient has evidence of unresolved symptoms of CIDP.
 - iii. Documented treatment failure of, intolerance, or contraindication to **both** of the following (1 and 2):
 1. Corticosteroids (at least 3 months of treatment)
 2. Intravenous immunoglobulin (IVIG) or subcutaneous immunoglobulin (SCIG) or plasmapheresis/plasma exchange (PE) as maintenance treatment (at least 3 months of treatment)
- II. Patient is 18 years of age or older.

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- III. Treatment must be prescribed by or in consultation with a neurologist.
- IV. Request is for a medication with the appropriate FDA labeling, or its use is supported by current clinical practice guidelines.
- V. Refer to the plan document for the list of preferred products. If the requested agent is not listed as a preferred product, must have documented treatment failure or contraindication to the preferred product(s).

EXCLUSION CRITERIA

- MGFA class I
- Active infection or sepsis
- Untreated hepatitis B, hepatitis C, or HIV with low CD4 count
- Coadministration with other immunomodulatory biologic therapies (e.g. rituximab, eculizumab, rozanolixizumab, zilucoplan, etc.)
- Pregnancy
- For gMG, subsequent cycles initiated sooner than 50 days from the start of the previous treatment cycle.
- For gMG, more than seven treatment cycles per year
- Hypersensitivity to hyaluronic acid

OTHER CRITERIA

- For gMG, the time between treatment cycles is customized based on patient response and clinical evaluation. Treatment cycles may not be more frequent than seven (7) cycles per year and a subsequent cycle may not be initiated sooner than 50 days from the start of the previous treatment cycle.
- Vyvgart Hytrulo prefilled syringes may be administered by trained patients and/or caregivers. Vyvgart Hytrulo vials are to be administered by a healthcare professional only.

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- MG-ADL Scoring Template:

Grade	0	1	2	3	Score
Talking	Normal	Intermittent slurring or nasal speech	Constant slurring or nasal, but can be understood	Difficult to understand speech	
Chewing	Normal	Fatigue with solid food	Fatigue with soft food	Gastric tube	
Swallowing	Normal	Rare episode of choking	Frequent choking necessitating changes in diet	Gastric tube	
Breathing	Normal	Shortness of breath with exertion	Shortness of breath at rest	Ventilator dependence	
Impairment of ability to brush teeth or comb hair	None	Extra effort, but no rest periods needed	Rest periods needed	Cannot do one of these functions	
Impairment of ability to arise from a chair	None	Mild, sometimes uses arms	Moderate, always uses arms	Severe, requires assistance	
Double vision	None	Occurs, but not daily	Daily, but not constant	Constant	
Eyelid droop	None	Occurs, but not daily	Daily, but not constant	Constant	
				Total Score:	

Wolfe GI, Herbelin L, Nations SP, Foster B, Bryan WW, Barohn RJ. Neurology 1999;52(7):1487-9

QUANTITY / DAYS SUPPLY RESTRICTIONS

- gMG: Four vials (5.6 mL each) or syringes (5 mL each) per 28-day cycle
- CIDP: Four vials (5.6 mL each) or syringes (5 mL each) per 28 days (continuous treatment)
- For approved requests for gMG, quantity and supply limits will account for the time between treatment cycles. For example, if a patient's treatment plan includes a four-week cycle followed by a four-week break, the quantity and days supply limit will be calculated per 56-day period.

APPROVAL LENGTH

- **Authorization:** 6 months
- **Re-Authorization:** 6 months, with an updated letter of medical necessity or progress notes showing clinically significant improvement or maintenance with treatment and that the patient is adherent to treatment and the medication is tolerated. Clinical improvement or maintenance may be demonstrated by a ≥ 2 -point reduction in MG-ADL score from baseline or by physician attestation that patient is continuing to derive benefit from treatment (as evidenced by reductions in exacerbations, improvements in speech, swallowing, mobility, or respiratory function, etc.)

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APPENDIX

N/A

REFERENCES

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2. Vyvgart Hytrulo. Prescribing information. argenx BV; 2026. Accessed February 25, 2026. <https://www.argenx.com/product/vyvgart-hytrulo-prescribing-information.pdf>
3. Howard JF, et. al., Safety, efficacy, and tolerability of efgartigimod in patients with generalized myasthenia gravis (ADAPT): a multicenter, randomized, placebo-controlled, phase 3 trial. *Lancet Neurol*. 2021 Jul;20(7):526-536. doi: 10.1016/S1474-4422(21)00159-9.
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7. argenx BV, argenx Reports Positive Topline Data from ADHERE Study of VYVGART Hytrulo in Patients with
8. Chronic Inflammatory Demyelinating Polyneuropathy. Press Release. Amsterdam, 2023. Accessed July 26, 2024. Available from https://www.argenx.com/sites/default/files/media-documents/Press-Release_ARGX_ADHERE_Data_Release.pdf
9. Muppidi S, Utilization of MG-ADL in myasthenia gravis clinical research and care. *Muscle Nerve*. 2022;65(6):630-639. doi:10.1002/mus.27476
10. Howard J, Supplemental to: Safety, efficacy, and tolerability of efgartigimod in patients with generalized myasthenia gravis (ADAPT): a multicenter, randomized, placebo-controlled, phase 3 trial. *Lancet Neurol* 2021; 20: 526–36.

DISCLAIMER: Medication Policies are developed to help ensure safe, effective and appropriate use of selected medications. They offer a guide to coverage and are not intended to dictate to providers how to practice medicine. Refer to Plan for individual adoption of specific Medication Policies. Providers are expected to exercise their medical judgement in providing the most appropriate care for their patients.